



Morris Jeff High School Lunch Menu January 2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	2 Happy Holidays	3 Happy Holidays	4 Chicken & Sausage Gumbo Rice Carrots Roll Fresh Fruit & Milk	5 Hot Dogs (w/ chili) Tater Tots Cauliflower Fresh Fruit & Milk	6 Crispy Chicken Sandwich Broccoli French Fries Fresh Fruit & Milk	
WEEK 2	9 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	10 Chicken Alfredo Green Beans Garlic Bread Fresh Fruit & Milk	11 BBQ Rib Sandwich Baked Beans Fresh Fruit & Milk	12 Cheeseburger Broccoli French Fries Fresh Fruit & Milk	13 Pepperoni Pizza Corn Side Salad Fresh Fruit & Milk	
WEEK 3	16 Martin Luther King Day	17 Smothered Chicken Rice & Gravy Broccoli Fresh Fruit & Milk	18 Beef Nachos Refried Beans Fresh Fruit & Milk	19 Spaghetti & Meatballs Green Beans Garlic Bread Fresh Fruit & Milk	20 Mini Corn Dogs Taters Tots Carrots Fresh Fruit & Milk	
WEEK 4	23 Grilled Cheese Tomato Basil Soup Carrots Fresh Fruit & Milk	24 Crispy Chicken Sandwich French Fries Carrots Fresh Fruit & Milk	25 Beef Tacos Corn Black Beans Fresh Fruit & Milk	26 Pulled Pork Sandwich Baked Beans Green Beans Fresh Fruit & Milk	27 Pepperoni Pizza Broccoli French Fries Fresh Fruit & Milk	
	30 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	31 Pulled Pork Nachos Black Beans Buttered Corn Fresh Fruit & Milk				

*This institution is an equal opportunity provider.