



# Morris Jeff Middle School Lunch Menu November 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	31 Meatloaf Mac & Cheese Green Beans Dinner Roll Fresh Fruit & Milk	1 Chicken Nuggets Mashed Potatoes Carrots Fresh Fruit & Milk	2 Pepperoni Pizza Corn Fresh Fruit & Milk	3 Hamburger Baked Beans Broccoli Fresh Fruit & Milk	4 Hot Dog (chili & cheese) French Fries Fresh Fruit & Milk	
WEEK 2	7 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	8 Chicken Nuggets French Fries Mixed Vegetables Fresh Fruit & Milk	9 Spaghetti & Meatballs Green Beans Fresh Fruit & Milk	10 Beef Tacos Corn Fresh Fruit & Milk	11 BBQ Rib Sandwich Baked Beans Fresh Fruit & Milk	
WEEK 3	14 White Beans Smoked Sausage Green Peas Fresh Fruit & Milk	15 Chicken Alfredo Green Beans Garlic Bread Fresh Fruit & Milk	16 BRUNCH! Scrambled Eggs Sausage Waffles Carrots Fresh Fruit & Milk	17 Mini Corndogs Tater Tots Broccoli Fresh Fruit & Milk	18 THANKSGIVING Sliced Turkey Rice & Gravy Sweet Potatoes	
WEEK 4	21 Thanksgiving Holiday	22 Thanksgiving Holiday	23 Thanksgiving Holiday	24 Thanksgiving Holiday	25 Thanksgiving Holiday	
	28 Pulled Pork Sandwich Carrots Fresh Fruit & Milk	29 Chicken Nuggets Broccoli Mashed Potatoes Fresh Fruit & Milk	30 Beef & Cheese Nachos Refried Beans Fresh Fruit & Milk	1 Meatballs & Spaghetti Green Beans Fresh Fruit & Milk	2 Pepperoni Pizza French Fries Side Salad Fresh Fruit & Milk	

\*This institution is an equal opportunity provider.



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