



Morris Jeff High School Lunch Menu November 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	31 Grilled Cheese Tomato Basil Carrots Halloween Treat Fresh Fruit & Milk	1 Beef Tacos Corn Lettuce, Tom, Cheese Fresh Fruit & Milk	2 Pepperoni Pizza Tater Tots Corn Fresh Fruit & Milk	3 Cheeseburger Baked Beans Broccoli Fresh Fruit & Milk	4 Hot Dog Chilli French Fries Fresh Fruit & Milk	
WEEK 2	7 Red Beans & Rice Smoked Sausage Carrots Dinner Roll Fresh Fruit & Milk	8 Beef & Cheese Nachos Corn Refried Beans Fresh Fruit & Milk	9 Spaghetti & Meatballs Green Beans Garlic Bread Fresh Fruit & Milk	10 Crispy Chicken Sandwich Buffalo Chicken Sandwich Broccoli Tater Tots Fresh Fruit & Milk	11 BBQ Rib Sandwich Baked Beans Fresh Fruit & Milk	
WEEK 3	14 White Beans Smoked Sausage Green Peas Dinner Roll Fresh Fruit & Milk	15 Chicken Alfredo Green Beans Garlic Bread Fresh Fruit & Milk	16 BRUNCH! Scrambled Eggs Sausage Pancakes Carrots Fresh Fruit & Milk	17 Pulled Pork Sandwich Tater Tots Broccoli Fresh Fruit & Milk	18 THANKGIVING Sliced Turkey Rice & Gravy Sweet Potatoes Bread Roll	
WEEK 4	21 No School	22 No School	23 No School	24 No School	25 No School	
	28 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	29 Cheeseburger Tater Tots Broccoli Fresh Fruit & Milk	30 Beef & Cheese Nachos Corn Fresh Fruit & Milk	1 Meatballs & Spaghetti Green Beans Garlic Bread Fresh Fruit & Milk	2 Pepperoni Pizza French Fries Side Salad Fresh Fruit & Milk	

*This institution is an equal opportunity provider.