

MORRIS JEFF HIGH SCHOOL AT CLARK

Morris Jeff Clark High Breakfast Menu March 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK 1 Mardi Gras Break		Happy Mardi Gras				
WEEK 2 March 11 - 15	11 ● Egg & Cheese Breakfast Sandwich Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk	12 ● Vegetable Frittata ● Whole Grain Toast Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk	13 French Toast w/ Maple Syrup Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk ● Maple Syrup	14 ● Turkey Sausage Breakfast Sandwich Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk Assorted Jelly	15 ● Oatmeal Muffin Squares Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk	
WEEK 3 March 18 - 22	18 ● Greek Yogurt & Granola Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk	19 Breakfast Burrito Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk	20 ● Whole Grain Pancakes Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk ● Maple Syrup	21 ● Egg & Cheese Breakfast Sandwich Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk Assorted Jelly	22 Muffin Squares Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk	
WEEK 4 March 25- 29	25 Whole Grain Cinnamon Roll Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk	26 ● Turkey Sausage Breakfast Sandwich Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk ● Assorted Non-Fat Jelly	27 ● Greek Yogurt & Granola ● Assorted Fresh Fruit Assorted Cereal ● Assorted Milk	28 ● Turkey & Cheese Melt Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk Assorted Jelly	29 ● Whole Grain Waffles Assorted Cereal ● Assorted Fresh Fruit ● Assorted Milk Maple Syrup	

