



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK 1 February 1st					1 Sausage Po-Boy ☉ SunButter & Jam Sandwich Butternut Squash Soup w/ Grilled Cheese(V) ☉ Broccoli or Baby Carrots ☉ Assorted Fresh Fruit & Milk	
WEEK 2 February 4-8	4 ☉ Baked Chicken Nuggets Turkey Bagel Sandwich Egg Bagel Sandwich ☉ Green Beans Tater Tots ☉ Assorted Fresh Fruit & Milk	5 Spaghetti & Meatballs Yogurt Pack (V) Vegetarian Pasta (V) Green Peas ☉ Romaine Side Salad ☉ Assorted Fresh Fruit & Milk	6 Salisbury Steak w/ WG Dinner Roll ☉ Chef Salad Mashed Potatoes ☉ Glazed Carrots ☉ Assorted Fresh Fruit ☉ Assorted Milk	7 ☉ WG Grilled Cheese Sandwich (V) Chicken Salad Sandwich Tomato Basil Soup ☉ Mixed Vegetables ☉ Assorted Fresh Fruit ☉ Assorted Milk	8 BBQ Chicken Thigh Mac & Cheese ☉ Ham, Cheese & Triscuit Kit ☉ Veggie Burger on WG Bun (V) ☉ Baked Sweet Potato Fries ☉ Baked Beans ☉ Assorted Fresh Fruit & Milk	
WEEK 3 February 11-15	11 ☉ Red Beans & Brown Rice (V) ☉ Eat Fit Yogurt Pack (V) ☉ Turnip Greens Corn on the Cob Assorted Fresh Fruit & Milk	12 ☉ Whole Grain Turkey Nachos ☉ WG Bean & Cheese Nachos (V) Salsa ☉ Lettuce & Tomato ☉ Refried Beans ☉ Assorted Fresh Fruit & Milk	13 Cheese Pizza Chicken Bacon Wrap ☉ Italian Mixed Vegetables ☉ Zucchini ☉ Assorted Fresh Fruit ☉ Assorted Milk	14 ☉ Chicken Breast w/ Red Sauce ☉ Brown Rice Chicken Salad Wrap Vegetable Wrap (V) Mashed Potatoes Broccoli & Cheddar Soup ☉ Assorted Fresh Fruit & Milk	15 Chef Special Menu ☉ Assorted Fresh Fruit ☉ Assorted Milk	
WEEK 4 February 18-22	18 ☉ Grilled Chicken Sandwich Pizza Kit (V) ☉ Baked Beans ☉ Potato Salad ☉ Assorted Fresh Fruit & Milk	19 Beef & Cheese Lasagna ☉ Ham, Cheese & Triscuit Kit Vegetable Lasagna Green Peas ☉ Romaine Side Salad Assorted Fresh Fruit & Milk	20 ☉ Chicken Stir Fry ☉ Brown Rice Turkey & Cheese Sandwich ☉ Whole Grain Grilled Cheese ☉ Steamed Broccoli Peas & Carrots ☉ Assorted Fresh Fruit & Milk	21 Cheese Pizza Ham & Cheese on Bun ☉ Green Beans ☉ Tomato & Cucumber Salad ☉ Assorted Fresh Fruit ☉ Assorted Milk	22 Chef Special Menu ☉ Assorted Fresh Fruit ☉ Assorted Milk	
Week 5 February 25-28	25 ☉ Chicken & Sausage Brown Rice Jambalaya ☉ Greek Yogurt Pack ☉ Steamed Broccoli ☉ Cabbage Assorted Fresh Fruit & Milk	26 Pulled Pork Mac & Cheese ☉ Turkey Taco Kit Veggie Burger on Whole Wheat Bun Baked Sweet Potato Lima Beans Assorted Fresh Fruit & Milk	27 Hot Dog on Whole Grain Bun ☉ Chef Salad Garden Salad (V) Baked French Fries Creamy Cole Slaw Assorted Fresh Fruit & Milk	28 ☉ Turkey Taco Chicken Bacon Wrap Vegetarian Quesadilla ☉ Lettuce & Tomato ☉ Baked Beans ☉ Assorted Fresh Fruit & Milk	Happy Mardi Gras!	

