



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK 1 February 1st					1 ● Muffin Squares ● Assorted Fresh Fruit ● Assorted Milk	
WEEK 2 February 4 - 8	4 ● Whole Grain Cinnamon Roll ● Assorted Fresh Fruit ● Assorted Milk	5 ● Turkey Sausage Breakfast Sandwich ● Assorted Fresh Fruit ● Assorted Milk ● Assorted Non-Fat Jelly	6 ● Greek Yogurt & Granola ● Assorted Fresh Fruit ● Assorted Milk	7 ● Turkey & Cheese Melt ● Assorted Fresh Fruit ● Assorted Milk ● Assorted Jelly	8 ● Whole Grain Waffles w/ Syrup ● Assorted Fresh Fruit ● Assorted Milk	
WEEK 3 February 11-15	11 ● Greek Yogurt & Granola ● Assorted Fresh Fruit ● Assorted Milk	12 ● Scrambled Eggs ● Whole Grain Toast ● Assorted Fresh Fruit ● Assorted Milk	13 ● Whole Grain Waffles w/ Syrup ● Assorted Fresh Fruit ● Assorted Milk	14 ● Turkey Sausage Breakfast Sandwich ● Assorted Fresh Fruit ● Assorted Milk ● Assorted Jelly	15 ● Whole Grain Cinnamon Roll ● Assorted Fresh Fruit ● Assorted Milk	
WEEK 4 February 18 – 22	18 ● Cereal & Toast ● Assorted Fresh Fruit ● Assorted Milk	19 ● Vegetable Frittata ● Whole Grain Toast ● Assorted Fresh Fruit ● Assorted Milk	20 ● French Toast w/ Maple Syrup ● Assorted Fresh Fruit ● Assorted Milk ● Maple Syrup	21 ● Turkey Sausage Breakfast Sandwich ● Assorted Fresh Fruit ● Assorted Milk ● Assorted Jelly ●	22 ● Oatmeal Muffin Squares ● Assorted Fresh Fruit ● Assorted Milk ●	
Week 5 February 25-28	25 ● Greek Yogurt & Granola ● Assorted Fresh Fruit ● Assorted Milk	26 ● Breakfast Burrito ● Assorted Fresh Fruit ● Assorted Milk	27 ● Whole Grain Pancakes ● Assorted Fresh Fruit ● Assorted Milk ● Maple Syrup	28 ● Egg & Cheese Breakfast Sandwich ● Assorted Fresh Fruit ● Assorted Milk	Happy Mardi Gras!	

